

EYES

HD BROWS €35
Thanks to a unique seven-step brow shaping treatment, you can have the ultimate in well-groomed, high definition eyebrows. Whether overgrown or over plucked, HD Brows can sculpt your brows into the perfect shape for your face and transform the way you look and feel about yourself.

Eyebrow Tinting	€12
Eyelash Tinting	€14
Eyebrow Tweeze or Wax	€12
Eye Trio [all 3 above]	€25
Individual lashes [lasts up to 1 week]	€25

*any tinting procedure requires a patch test prior to treatment

WAXING

Lip wax	€12
Chin Wax	€12
Lip & Chin	€20
Underarm	€16
Full arm	€25
Full Legs	€30
Half Leg	€20
Bikini Wax [Regular]	€20
Full legs, Bikini & Underarm	€55

SPECIALISED WAXING with Waxperts Wax

Californian Wax	€25
Brazilian Wax	€40
Hollywood Wax	€50

THREADING

Eyebrow, lip, chin, side of face	€15
Combine any 2 for	€25

MALE GROOMING

Chest Wax	€20
Back Wax	€30

*Patch test required prior to all waxing treatments

MAKE UP By Fuschia.

Make up application (Including lashes)	€35
Bridal Make up	€45

FINGERS AND TOES

DELUXE PARAFFIN MANICURE €60
Want the perfect hands, then The Bay's manicure is for you, combining the replenishing qualities of paraffin with cuticle work, nail shaping and the polish of your choice.

DELUXE PARAFFIN PEDICURE €60
Will put a spring back in your step! This pedicure removes hard skin and includes a foot and leg massage plus a paraffin treatment and then a toe polish.

Express Manicure	€30
Express Pedicure	€30
File and polish	€15
French file and polish	€20
Vinylux file and polish	€25
Shellac Nails	€25

Combines a nail polish & a gel polish for a perfect glossy finish that can last for weeks.

TANNING

VITA LIBERATA TAN -
Organic, non-toxic and odourless spray tan

Full Body	€25
Half Body	€15

MEN'S TREATMENT MENU

MEN: TOUCH
ELEMIS High Performance Skin Energiser
60 mins €70
The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

Hot stone back massage and urban facial

60 mins €75
Relaxing distress massage and skin detox facial. This high performance treatment is specifically designed for men, it combines deep cleansing facial with a hot stone back massage to improve total body performance.



ARKLOW BAY

TREATMENTS MENU

THE BAY BEAUTY ROOMS



ELEMIS
SPA THERAPY

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TOUCH: ANTI-AGEING

ELEMIS Pro-Collagen Age defy

60 Mins €85

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

*Independent Clinical Trials

ELEMIS Pro-Definition Lift and Contour

60 mins €85

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

ELEMIS Dynamic Resurfacing Precision Peel

60 mins €70

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

*Independent Clinical Trials

TOUCH: SKIN SOLUTIONS

These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions

ELEMIS Superfood Pro-Radiance

60 Mins €85

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health. *Independent Clinical Trials.

ELEMIS Sensitive Skin Soother

60 mins €70

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

ELEMIS Anti-Blemish Mattify and Calm

60 mins €70

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

The Beauty rooms Signature facial

60 mins €65

Customised to your skin type, using a prescribed mask and unique eastern facial massage techniques. Your face is deeply cleansed to help renew, nourish and balance the skin.

BODY: MASSAGE

ELEMIS Freestyle Deep Tissue Massage

60 mins €80

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

SWEDISH MASSAGE

A relaxing yet rejuvenating massage. Promotes health and well-being by increasing oxygen flow eliminating toxins.

FULL BODY MASSAGE	60 mins €65
BACK MASSAGE	30 mins €40

HOT STONE MASSAGE.

Hot stones placed on key energy points of the body to harmonise the spirit, goes beyond the physical experience of a typical massage, invigorating both body and mind.

HOT STONE FULL BODY MASSAGE

60 mins €80

HOT STONE BACK MASSAGE

35 mins €45

THE BEAUTY ROOMS SIGNATURE COLLECTION

40 mins €45

A truly blissful back, neck shoulder massage and scalp massage

Using a combination of Swedish and Indian head massage techniques to alleviate stress and promote ultimate relaxation.

BODY: DETOX AND CELLULITE

ELEMIS Thousand Flower Detox Wrap

60 mins €70

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

CELLUTOX SPA OCEAN WRAP

60 mins €75

Let your thoughts drift away, whilst cocooned in a comforting wrap of rich marine algae and detoxifying juniper and lemon. Enjoy a facial massage and de stress scalp treatment. Helps refine the appearance of cellulite and relieve the discomfort of fluid retention.

MUSCLEASE SPA OCEAN WRAP

60 mins €75

The power of aromatherapy combined with the riches of the ocean. This beautiful, aromatic heated seaweed body mask containing warming blends of pine and rosemary essential oils, helps ease the pain of arthritis, fatigue and aching muscles.

ELEMIS Intensely Cleansing Salt Scrub

Lime and Ginger or Frangipani

30 mins €50

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

BODY: PREGNANCY

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester. Gently.

ELEMIS Peaceful Pregnancy Massage

75 mins €75

This unique therapy is good for you and your baby. The ultimate in comfort and relaxation. Helps relieve back tension, swollen hands and feet, eases the mind and lifts spirits.