

# THE BAY BEAUTY ROOMS TREATMENT MENU

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THE ARKLOW BAY HOTEL

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## ELEMIS FACIALS



## Elemis Expert Touch Nourish Facial 50 mins €85

Cleanse, Rebalance and Revive. Boost Skin radiance with our triple cleanse facial infused with a blend of antioxidant-rich facial oils, leaving your skin feeling nourished, rebalanced and revived.

#### **Elemis Expert Touch Define Facial**

#### 50 mins €85

Energise, Rejuvenate and Sculpt. This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted looking skin.

#### **Elemis Expert Touch Reveal Facial**

#### 50 mins €85

Resurface, Smooth and Glow. Powered by our patented Tri-Enzyme technology this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced.

#### **Elemis Expect Touch Renew Facial**

#### 50 mins €85

Hydrate, Lift and Firm. Improve skin firmness whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

## ELEMIS FACIALS ADD ONS



## Elemis Expert LED Energy Mask €30

Glow, Smooth and Energise. Illuminate your skin with our LED facial mask enhancement. Discover the power of the innovative ELEMIS 7-in-1 Light Mask to calm; soothe and energise, leaving your skin visibly refreshed and glowing.

## Elemis Expert Absolute Face & Body Ritual €90

Restored, Rejuvenated and Renewed. Immerse yourself in luxury with this tailored treatment. Choose your own combination of facial and body treatments or let your therapist prescribe the perfect treatment to leave you feeling restored from head to toe.

## BODY

#### Elemis Expert Deep Tissue Tension Ease Massage 60 mins €90

Renewed, Grounded and Focused. Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation. It is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused.

## Swedish Massage FULL BODY MASSAGE 60 mins €75 BACK MASSAGE 30 mins €50

A relaxing yet rejuvenating massage. Promotes health and wellbeing by increasing oxygen flow eliminating toxins.

## Elemis Expert Transformative Hot Stone Massage HOT STONE FULL BODY MASSAGE 60 mins €85 HOT STONE BACK MASSAGE 35 mins €55

Soothe, Relax and Relieve. This deeply transformative treatment incorporates heated volcanic stones which are worked into the body persuading the muscles to relax with warm Frangipani Monoi Body Oil to soothe a tired mind and relieve aching muscles.

#### Beauty Rooms Signature Collection 40 mins €60

A truly blissful back, neck, shoulder and scalp massage. Using a combination of Swedish and Indian head massage techniques to alleviate stress and promote ultimate relaxation.



## BODY

## Elemis Expert Targeted Tightening Body Treatment 60 mins €80

Tighten, Tone and Smooth. A powerful blend of minerals and seaweeds join forces to target cellulite and promote a smoother silhouette with our focused sculpting massage, for skin that looks and feels intensely tightened, toned and smoothed.

#### **Elemis Intensely Cleansing Salt Scrub**

#### 40 mins €65

Lime and Ginger Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

#### Reflexology 40 mins €60

A soothing holistic therapy that applies gentle pressure to points on the feet, hands, and ears, helping to release tension, improve circulation, and restore balance. Perfect for reducing stress and promoting deep relaxation.

## Elemis Peaceful Pregnancy "Mom to Be" Massage 75 mins €90

Nature, Restore and Calm. This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics which are safely formulated to be used during pregnancy are selected for optimum wellbeing, leaving you nurtured, restored and calm.

## IMAGE PEELS



#### Ormedic Lift 45 mins €89

This non chemical peel naturally rebalances, regenerates and restores your skin using organic ingredients with medical effectiveness.

#### **Signature Facelift**

#### 30 mins €89

This revolutionary treatment performed in four layers will change the texture and tone of your skin in just one application.

#### **Lightening Lift**

#### 30 mins €89

This highly effective treatment blends kojic and lactic acids with a cocktail of botanical lightening agents to reduce sunspots, brown spots and redness caused by rosacea and acne scaring.

#### **Acne Lift**

#### 30 mins €89

This potent blend of alpha and beta hydroxyl acids contains antiinflammatory agents to effectively treat and heal mild to moderate acne.

## IMAGE FACIALS



#### The Max Stem Cell Facial

#### 50 mins €85

This treatment strikes the ideal balance between a gentle peel and a therapeutic facial and is designed to really target wrinkles and elasticity concerns.

#### **Be Clear Purifying Facial**

#### 50 mins €85

This treatment combines anti bacterial peptides and salicylic acid with soothing anti inflammatory botanicals. Ideal for occasional hormonal breakouts or for the individual who craves a deep cleanse at a cellular level.

#### **Antioxidant Anti-Ageing Facial**

#### 50 mins €85

Replenish what your lifestyle diminishes. This cleansing and invigorating vitamin infused treatment will deliver tightening, lightening, brightening and nourishing hydration to your skin.

#### O2 Lift

#### 50 mins €85

This luxurious treatment infuses oxygen, plant derived anti ageing stem cells, peptides and a high concentration of enzymatic botanicals to the skin leaving it luminous, refreshed and rejuvenated.

## EYES

Yumi Lashes (LVL) Lash Lift

**Eyebrow Tinting** 

**Eyelash Tinting** 

**Eyebrow Tweeze or Wax** 

Eye Trio (all 3 above)

**HD Brows** 

## MAKE UP

Make Up Application (incl. Lashes)

**Bridal Make Up on request** 

€60

€13

€15

€14

€28

€35

€50



## WAXING

Lip	€13
Chin	€13
Lip & Chin	€20
Underarm	€20
Full Arm	€25
Full Leg	€30
Half Leg	€25
Bikini (regular)	€20
Full Legs, Bikini & Underarms	€65
Side of Face	€15

### SPECIALIZED WAXING

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Halker			Section 1		€	55

## THREADING

Eyebrow / Lip / Chin / Side of Face

€15

Combine any 2

€28

## MALE GROOMING

**Chest Wax** 

€20

**Back Wax** 

€30

## Hot Stone Massage and Urban Facial 60 mins €85

Relaxing destress massage and skin detox facial. This high performance treatment is specifically designed for men, it combines a deep cleansing facial with a hot stone back massage to improve total body performance.

## FINGERS AND TOES

#### **Deluxe Manicure**

€60

Want the perfect hands, then The Bay's manicure is for you; combining cuticle work, nail shaping and a delightful hand mask, finishing with the polish of your choice.

#### **Deluxe Pedicure**

€60

Will put a spring back in your step! This pedicure removes hard skin and includes a foot and leg massage plus a conditioning foot mask and then a toe polish.

<b>Express Manicure</b>	€30
<b>Express Pedicure</b>	€30
File and polish	€15
French file and polish	€20
Shellac Nails	€25
BIAB Nails	€40
BIAB French Polish	, €45

TANNING

#### **Spray Tanning**

Organic, non-toxic and odourless spray tan

Full Body €30 Half Body €20



## SPECIAL PACKAGES

Pamper Package 90 mins €115 Hydro Boost Facial Swedish Back Massage Soothing Scalp Massage

Relax and Unwind 75 mins €100

Swedish Full Body Massage Indian Head Massage





Book your treatments today via the website with our online booking platform or call us on 0402 26200

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